CKM Lipids Guideline for Healthcare Professionals

> **Guiding Principles:** CKD is associated with abnormalities of lipid metabolism. CKD patients are typically initiated on a HMG-CoA Reductase Inhibitor (statin) with **the intention of lowering their risk** of cardiovascular related mortality and morbidity. Lipid levels are not usually monitored after this initial intervention.

▶ GFR 15 - 5 | Slow Decline/Deteriorating | Last 0-5 years of life

Patients will not likely receive any benefit from remaining on statins in the last few years of life; some research even suggests an improvement in quality of life from stopping statins. In line with a conservative care philosophy of decreasing therapeutic burden, it is recommended that care providers, in discussion with the patient, discontinue statins for CKM patients at this stage.

▶ GFR 5 - 0 | Intensive/Near Death | Last 0-2 months of life

If not discontinued already, statins should now be stopped.

Conservative Kidney Management Acronym Legend

Acronym:	Intended Meaning:
ATC	Around the Clock
BID	Twice Daily
CKD	Chronic Kidney Disease
CKM	Conservative Kidney Management
COPD	Chronic Obstructive Pulmonary Disease
CO2	Carbon Dioxide
EOL	End of Life
ESA	Erythropoietin Stimulating Agent
ESKD	End Stage Kidney Disease
GFR	Glomerular Filtration Rate
GI	Gastrointestinal
g/L	Grams per litre
HgB	Hemoglobin
IN	Intranasal
IU	International Units
IV	Intravenous
kg	Kilogram
mcg	Microgram
mg	Milligram
mL	Millilitre

Acronym:	Intended Meaning:
mmol/L	Millimoles per Litre
OTC	Over the Counter
PO	By Mouth
PRN	As Needed
NSAID	Non-steroidal Anti-inflammatory Drugs
q(1-8)d	Every (Time Eg, 2) Days
q(1-8)h	Every (Time Eg, 4) Hours
q(1-8)weeks	Every (Time Eg. 2) Weeks
QHS	At Bedtime
RLS	Restless Leg Syndrome
SC	Subcutaneous
SL	Sublingual
SNRI	Serotonin and Norepinephrine Reuptake Inhibitors
SSRI	Selective Serotonin Reuptake Inhibitors
TCA	Tricyclic Antidepressant
TID	Three Times a Day
>	Greater Than
≥	Greater Than or Equal To
<	Less Than
≤	Less Than or Equal To