CKM Severe Hyperkalemia Protocol

Intention: Please note these orders are for emergency purposes in the event that this patient has severe hyperkalemia of potassium levels 6.0mmol/L or greater. This patient has been instructed to keep the kit on hand if needed.

Prescriptions:

1. Calcium polystyrene sulfonate powder (Resonium®)
   Directions: Pour 30 grams of powder into a cup. Stir in 15 ml to 30 ml of water or cranberry juice. Then add 30 ml of lactulose. Drink immediately.
   Dose: 30 grams
   Refills: None
   Please include expiry date on prescription label

2. Lactulose 667 mg/ml solution
   Directions: Mix 30ml as directed with 30 grams calcium polystyrene sulfonate powder and drink immediately.
   Dose: 30 mL
   Refills: None
   Please include expiry date on prescription label

*Adapted from the AHS Hyperkalemia Management Guideline (Nov 2017), Alberta Kidney Care (AKC) - HD Programs

Last Updated: 09 Nov 2017