

# **Conservative Kidney Management**

## **CKM Pathway**

The provincial Conservative Kidney Management (CKM) pathway went live in Sept 2016 to improve, standardize and evaluate care for patients with advanced chronic kidney disease who choose CKM. The goal of the pathway is to support these patients to live well without dialysis.

It is being piloted by 4 outpatient kidney clinics in Northern and Central Alberta. The online clinical pathway and materials are publically available to patients, families, and healthcare practitioners at:

#### www.CKMcare.com

### Welcome!

Please welcome our new Research Nurse, Kristin Jennings! She has a background in Palliative Care and Home Care, and will split her time between the CKM project and her clinical work. In addition, this bright and busy woman is pursuing a Masters in Community and Disability studies!

#### **Contact**

ckm.pathway@ahs.ca

Project Manager: Vanessa Steinke, 587.773.4241 Research Nurse: Kristin Jennings, 780.492.6712

### **Innovation Collaborative**



#### Staff said Workshop 1 was:

"Exciting - lots of positive energy generated!"

"Timely, appropriate, and beneficial to patients, families, and staff."



The Innovation Collaborative method is being used to implement the CKM clinical pathway by providing the time and opportunity for the pilot teams to reflect, develop plans, and share ideas for improvement. It involves a series of three workshops spaced six months apart. In between the workshops, participants are engaged in Action Periods, which involve testing best practice ideas in local settings. Improvements are tracked using a tool known as a balanced scorecard. Changes are incremental, but expected to progress to wider and more significant clinical improvement.

The first Innovation Collaborative took place on Sept 29, 2016 involving over 60 participants from the pilot sites and healthcare professionals from a variety of care settings and geographic regions.

Today, teams are actively using the pathway, and patients and families have responded very positively. The next collaborative is Apr 6, 2017 and will enable teams to refine their quality improvement plans, and address some common challenges such as coordinating with community care providers.