

# **Conservative Kidney Management**

## **Provincial Telehealth**

# **Exciting News!**

Take a sneak peek at the online clinical pathway & education materials for the first time and share your feedback:

Thursday, July 7 9-10:30am

### **Host site:**

Mazankowski Alberta Heart Institute, Edmonton Shaw 3i Auditorium - 0A8.60

# Register online / Add a Telehealth Site:

https://vcscheduler.ca/register?id=846105-1193

or email: ckm.pathway@ahs.ca



## What is CKM?

Conservative Kidney Management (CKM) is a treatment option that some end stage kidney disease patients choose as an alternative to dialysis. It includes interventions to delay the progression of kidney disease and minimize complications, shared decision-making, advance care planning, symptom management, psychological and family support.

For older patients who have higher levels of co-morbidity and poorer functional status, there may be no survival or quality of life advantage to dialysis. Older, frailer patients tend to experience functional and cognitive decline after starting dialysis. The last months of their lives are often characterized by high rates of hospitalization, ICU admissions, and intensive procedures. In contrast, with CKM they tend to preserve their functional status, maintain a better overall quality of life, and have fewer hospital admissions.

# **Community Engagement**

We are looking for providers from family practice, home care, and supportive living to participate in a **series of facilitated workshops** to pilot the pathway with outpatient Kidney Clinics:

Thu, Sep 29, 2016 Thu, Apr 6, 2017 Thu, Sep 21, 2017

\*Eligible participants will receive a meeting stipend as per Provincial Medical Affairs, and can receive CME credits

#### Contact

ckm.pathway@ahs.ca

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Research Nurse: Dorothy Spies, 780.492.6712

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# Thursday, July 7 from 9-10:30 am

## **Topics:**

Demonstration & Feedback on the draft:

- ✓ Online Clinical Pathway
- ✓ Education Materials

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#### Sites registered as of Jun 30, 2016:

- Foothills Medical Centre Special Services Building Renal Unit Rm 2737
- Sheldon M Chumir Health Centre Rm 3119
- Southport Tower Rm 6209
- Okotoks Health & Wellness Centre Rm 1426
- Lloydminster Hospital Clinical Rm 820-2681
- Red Deer Renal Insufficiency Clinic Rm 206
- 7th Street Plaza North Tower Rm 12-107
- Cross Cancer Rm 1504
- Glenrose Rehabilitation Hospital Telehealth Rm 2 GlenEast
- Grey Nuns Hospital Rm 0647
- Kingsway Professional Bldg Home Care North East
- Royal Alexandra Hospital Children's Centre Rm 4511
- Fort Saskatchewan Community Hospital Room: 2T-045
- Edson Healthcare Centre Clinical Rm
- Fort McMurray Northern Lights Health Centre Brdrm
- Grande Prairie Queen Elizabeth II Hospital 2-2N Conf Rm (Level 2)
- High Prairie Health Complex Clinical Rm
- Lethbridge Chinook Regional Hospital Rm 2K155
- Medicine Hat Regional Hospital Rm 1